

EL ESTILO DE VIDA Y LAS ENFERMEDADES CARDIOVASCULARES

ESTILO DE VIDA/ ENFERMEDADES CARDIOVASCULARES

Aatola H, Koivisto T, Huti-Kähönen N, Juonala M, Mikkilä V, Lehtimäki T, et al. Lifetime fruit and vegetable consumption and arterial pulse wave velocity in adulthood: the Cardiovascular Risk in Young Finns Study. *Circulation* [Internet]. 2010 [citado 18 May 2011];122(24):[aprox. 8 p.]. Disponible en: <http://hinari-gw.who.int/whalecomcirc.ahajournals.org/whalecom0/cgi/content/full/122/24/2521>

Brandão MP, Pimentel FL, Cardoso MF. Impact of academic exposure on health status of university students. *Rev Saude Publica* [Internet]. 2011 [citado 16 May 2011];45(1):[aprox. 10 p.]. Disponible en: http://hinari-gw.who.int/whalecomwww.scielo.org/whalecom0/scielo.php?script=sci_arttext&pid=S0034-89102011000100006&lng=en&nrm=iso&tlng=en

Deedwania PC. Risk of diabetes and cardiovascular disease: best to return back to the basics: comment on "Long-term effects of a lifestyle intervention on weight and cardiovascular risk factors in individuals with type 2 diabetes mellitus". *Arch Intern Med* [Internet]. 2010 [citado 18 May 2011];170(17):[aprox. 3 p.]. Disponible en: <http://hinari-gw.who.int/whalecomarchinte.ama-assn.org/whalecom0/cgi/content/full/170/17/1575>

Ding EL, Mekary RA. Letter by Ding and Mekary regarding article, "television viewing time and mortality: the Australian diabetes, obesity and lifestyle study (AusDiab)" [carta]. *Circulation* [Internet]. 2010 [citado 18 May 2011];122(13):[aprox. 2 p.]. Disponible en: <http://hinari-gw.who.int/whalecomcirc.ahajournals.org/whalecom0/cgi/content/full/122/13/e472>

Eakin E, Reeves M, Winkler E, Lawler S, Owen N. Maintenance of physical activity and dietary change following a telephone-delivered intervention. *Health Psychol* [Internet]. 2010 [citado 18 May 2011];29(6):[aprox. 8 p.]. Disponible en: <http://hinari-gw.who.int/whalecompsycnet.apa.org/whalecom0/journals/hea/29/6/566/>

Elliott DJ, Weintraub WS. Population-based health requires population-based change. *J Pediatr* [Internet]. 2011 [citado 18 May 2011];158(2):[aprox. 4 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?ob=ArticleURL&udi=B6WKR-51BX6R0-3&user=2778716&coverDate=02%2F28%2F2011&rdoc=1&fmt=high&orig=gateway&origin=gateway&sort=d&docanchor=&view=c&acct=C000049744&version=1&urlVersion=0&userid=2778716&md5=7b8cdc7e70ccec373d4ff5bb72fbe75&searchtype=a>

Eriksson MK, Hagberg L, Lindholm L, Malmgren-Olsson EB, Osterlind J, Eliasson M. Quality of life and cost-effectiveness of a 3-year trial of lifestyle intervention in primary health care. *Arch Intern Med* [Internet]. 2010 [citado 18 May 2011];170(16):[aprox. 9 p.]. Disponible en: <http://hinari-gw.who.int/whalecomarchinte.ama-assn.org/whalecom0/cgi/content/full/170/16/1470>

Franco M, Cooper RS, Bilal U, Fuster V. Challenges and opportunities for cardiovascular disease prevention. *Am J Med* [Internet]. 2011 [citado 16 May 2011];124(2):[aprox. 8 p.]. Disponible en:

<http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?ob=ArticleURL&udi=B6TDC-52357H4-3&user=2778716&coverDate=02%2F28%2F2011&rdoc=1&fmt=high&orig=gateway&origin=gateway&sort=d&docanchor=&view=c&acct=C000049744&version=1&urlVersion=0&userid=2778716&md5=768f4f3b768fd81e6e132cfd7d97c01c&searchtype=a>

García-Ortiz L, Grandes G, Sánchez-Pérez A, Montoya I, Iglesias-Valiente JA, Recio-Rodríguez JI, et al. PEPAF group. Effect on cardiovascular risk of an intervention by family physicians to promote physical exercise among sedentary individuals. *Rev Esp Cardiol* [Internet]. 2010

DIRECTORA

Bárbara Lazo Rodríguez

EDITORA

Margarita Pobeá Reyes

COMPILACIÓN

Aurea Ramos Boch

CONFECCIÓN Y DISEÑO

Mercedes Martínez Martos

Publicación mensual, contiene informaciones bibliográficas de documentos que se encuentran en la Biblioteca Médica Nacional y sus temas responden a las líneas de investigación priorizadas del Ministerio de Salud Pública, es editado por el área de Servicios Bibliotecarios y está disponible en su sitio web por la Red Telemática de Salud. Este suplemento responde al proyecto SIDA

©1994-2011

Biblioteca Médica Nacional

Dirección: 23 esq. N. Vedado,

La Habana. Cuba.

Teléfono: (537) 8324317

Email: mpobeá@infomed.sld.cu

[citado 18 may 2011];63(11): [aprox. 9 p]. Disponible en: http://apps.elsevier.es/watermark/ctl_servlet? f=10&pident_articulo=13187961&pident_usuario=0&pcontactid=&pident_revista=255&ty=99&accion=L&origen=elsevier&web=www.revespcardiol.org&lan=en&fichero=255v63n11a13187961pd001.pdf

González Martín S, Gómez Verano MR, Viñas Lorenzo M. Características clínicas y del estilo de vida asociadas a la hipertensión arterial en adultos mayores. *Mediciego* [Internet]. 2010 [citado 19 May 2011]; 16(supl. 1):[aprox. 10 p.]. Disponible en: http://bvs.sld.cu/revistas/mcieg/vol16_supl1_10/articulos/t-8.html

Graham L. AAP updates policy statement on athletic participation by children and adolescents with systemic hypertension. *Am Fam Physician* [Internet]. 2010 [citado 18 may 2011];82(10):[aprox. 3 p.]. Disponible en: http://hinari-gw.who.int/whalecomwww.aafp.org/whalecom0/link_out?pmid=21121542

Hellyer NE, Haddock-Fraser J. Reporting diet-related health issues through newspapers: portrayal of cardiovascular disease and Type 2 diabetes. *Health Educ Res* [Internet]. 2011 [citado 19 May 2011]; 26(1):[aprox. 13 p.]. Disponible en: <http://hinari-gw.who.int/whalecomher.oxfordjournals.org/whalecom0/content/26/1/13.long>

Jeemon P, Reddy KS. Social determinants of cardiovascular disease outcomes in Indians. *Indian J Med Res* [Internet]. 2010 [citado 16 may 2011]; 132(5):[aprox. 6 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.ncbi.nlm.nih.gov/whalecom0/pmc/articles/PMC3028951/?tool=pubmed>

<http://hinari-gw.who.int/whalecomwww.ncbi.nlm.nih.gov/whalecom0/pmc/articles/PMC3028951/?tool=pubmed>

Lane RD, Zareba W, Reis HT, Peterson DR, Moss AJ. Changes in ventricular repolarization duration during typical daily emotion in patients with Long QT syndrome. *Psychosom Med* [Internet]. 2011 [citado 20 May 2011]; 73(1):[aprox. 7 p.]. Disponible en: <http://hinari-gw.who.int/whalecomovidsp.x.ovid.com/whalecom0/sp-3.4.1a/ovidweb.cgi?T=JS&PAGE=fulltext&D=ovft&AN=0006842-201101000-00014&NEWS=N&CSC=Y&CHANNEL=PubMed>

Lawrence M, Kerr S, Watson H, Paton G, Ellis G. An exploration of lifestyle beliefs and lifestyle behaviour following stroke: findings from a focus group study of patients and family members. *BMC Fam Pract* [Internet]. 2010 [citado 16 May 2011]; 11:[aprox. 2 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.ncbi.nlm.nih.gov/whalecom0/pmc/articles/PMC3018456/?tool=pubmed>

Look AHEAD Research Group, Wing RR. Long-term effects of a lifestyle intervention on weight and cardiovascular risk factors in individuals with type 2 diabetes mellitus: four-year results of the Look AHEAD trial. *Arch Intern Med* [Internet]. 2010 [citado 18 May 2011];170(17):[aprox. 10 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.ncbi.nlm.nih.gov/whalecom0/pmc/articles/PMC3084497/?tool=pubmed>

McCordle BW, Manlhiot C, Millar K, Gibson D, Stearne K, Kilty

H, et al. Population trends toward increasing cardiovascular risk factors in Canadian adolescents. *J Pediatr* [Internet]. 2010 [citado 17 May 2011];157(5):[aprox. 7 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?ob=ArticleURL&udi=B6WKR-50B5WH2-C&user=2778716&coverDate=11%2F30%2F2010&rdoc=1&fmt=high&orig=gateway&origin=gateway&sort=d&docanchor=&view=c&acct=C000049744&version=1&urlVersion=0&userid=2778716&md5=81de537e3ab95dcb4a7645cc50f53661&searchtype=e=a>

Minamino T. Role of cellular senescence in lifestyle-related disease. *Circ J* [Internet]. 2010 [citado 17 May 2011];74(12):[aprox. 7 p.]. Disponible en: http://hinari-gw.who.int/whalecomwww.jstage.jst.go.jp/whalecom0/article/circj/74/12/74_2527/article

Mitka M. Lifestyle changes key to cut stroke risk: guidelines place emergency physicians on front line. *JAMA* [Internet]. 2011 [citado 16 May 2011];305(6):[aprox. 2 p.]. Disponible en: <http://hinari-gw.who.int/whalecomjama.ama-assn.org/whalecom0/content/305/6/551.long>

Naharci MI, Karadurmus N, Bozoglu E, Doruk H. Do adiponectin isoforms in older adults with or without coronary artery disease differ according to glucose tolerance states and lifestyle factors?. *Am Geriatr Soc* [Internet]. 2010 [citado 17 May 2011];58(11):[aprox. 2 p.]. Disponible en: <http://hinari-gw.who.int/whalecomonlinelibrary.wiley.com/whalecom0/do>

[i/10.1111/j.1532-5415.2010.03117.x/abstract?jsessionid=CE4A6971DAC9221EF10DA080C2E1E077.d01t01?systemMessage=Wiley+Online+Library+will+be+disrupted+21+May+from+10-12+BST+for+monthly+maintenance](http://10.1111/j.1532-5415.2010.03117.x/abstract?jsessionid=CE4A6971DAC9221EF10DA080C2E1E077.d01t01?systemMessage=Wiley+Online+Library+will+be+disrupted+21+May+from+10-12+BST+for+monthly+maintenance)

Nicoll R, Henein MY. Hypertension and lifestyle modification: how useful are the guidelines?. *Br J Gen Pract*. [Internet] 2010 [citado 16 May 2011];60(581):[aprox. 2 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.ingentaconnect.com/whalecom0/content/rcgp/bjgp/2010/0000060/00000581/art00008?token=00501bc3451ef528398405847447b492b2f4231256f31475f477633757e6f4f2858592f3f3b575db>

Nolan RP, Upshur RE, Lynn H, Crichton T, Rukholm E, Stewart DE, et al. Therapeutic benefit of preventive telehealth counseling in the Community Outreach Heart Health and Risk Reduction Trial. *Am J Cardiol* [Internet]. 2011 [citado 16 May 2011];107(5):[aprox. 7 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?ob=ArticleURL&udi=B6T10-51WJVBS-1&user=2778716&coverDate=03%2F01%2F2011&rdoc=1&fmt=high&orig=gateway&origin=gateway&sort=d&docanchor=&view=c&acct=C000049744&version=1&urlVersion=0&userid=2778716&md5=2f002b855be86b9854aa0aa827e1301d&searchtype=a>

Pimenta N, Santa-Clara H, Frago IJ. Comparison of body composition and body fat distribution of patients following a cardiac rehabilitation program and sedentary

patients. *Rev Port Cardiol* [Internet]. 2010 [citado 17 May 2011];29(7-8):[aprox. 18 p.]. Disponible en: <http://www.spc.pt/DL/RPC/artigos/1228.pdf>

Sarrias M, Diaz E, Escofet R. Lifestyle in patients with chronic kidney disease is associated with less arterial stiffness. *J Ren Care* [Internet]. 2010 [citado 17 May 2011];36(3):[aprox. 5 p.]. Disponible en: <http://hinari-gw.who.int/whalecomonlinelibrary.wiley.com/whalecom0/doi/10.1111/j.1755-6686.2010.00186.x/abstract?systemMessage=Wiley+Online+Library+will+be+disrupted+21+May+from+10-12+BST+for+monthly+maintenance>

Schwandt P, Haas GM, Liepold E. Lifestyle and cardiovascular risk factors in 2001 child-parent pairs: the PEP Family Heart Study. *Atherosclerosis* [Internet]. 2010 [citado 17 May 2011];213(2):[aprox. 7 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?ob=ArticleURL&udi=B6T12-516M791-5&user=2778716&coverDate=12%2F31%2F2010&rdoc=1&fmt=high&orig=gateway&origin=gateway&sort=d&docanchor=&view=c&acct=C000049744&version=1&urlVersion=0&userid=2778716&md5=01297d0cc6d1320274d7c76310feb9d&searchtype=a>

Shi L, Morrison JA, Wiecha J, Horton M, Hayman LL. Healthy lifestyle factors associated with reduced cardiometabolic risk. *Br J Nutr* [Internet]. 2011 [citado 16 May 2011];105(5):[aprox. 8 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?ob=ArticleURL&udi=B6T12-516M791-5&user=2778716&coverDate=12%2F31%2F2010&rdoc=1&fmt=high&orig=gateway&origin=gateway&sort=d&docanchor=&view=c&acct=C000049744&version=1&urlVersion=0&userid=2778716&md5=01297d0cc6d1320274d7c76310feb9d&searchtype=a>

gw.who.int/whalecomjournals.cambridge.org/whalecom0/action/displayAbstract?fromPage=online&aid=8098350

Sivasankaran S. The cardio-protective diet. Indian J Med Res [Internet]. 2010 [citado 16 may 2011];132(5):[aprox. 9 p.]. Disponible en: <http://hinari-gw.who.int/whalecomwww.ncbi.nlm.nih.gov/whalecom0/pmc/articles/PMC3028947/?tool=pubmed>

Stamatakis E, Hamer M, Dunstan DW. Screen-based entertainment time, all-cause mortality, and cardiovascular events: population-based study with ongoing mortality and hospital events follow-up. J Am Coll Cardiol [Internet]. 2011 [citado 16 May 2011];57(3):[aprox. 8 p.]. Disponible en: http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?_ob=ArticleURL&_udi=B6T18-51XFV94-6&_user=2778716&_coverDate=01%2F18%2F2011&_rdoc=1&_fmt=high&_orig=gateway

[_origin=gateway&_sort=d&_docanchor=&view=c&_acct=C000049744&_version=1&_urlVersion=0&_userid=2778716&_md5=3bacedd40e79e76d37393b4a8042ccca&searchtype=a](http://&_origin=gateway&_sort=d&_docanchor=&view=c&_acct=C000049744&_version=1&_urlVersion=0&_userid=2778716&_md5=3bacedd40e79e76d37393b4a8042ccca&searchtype=a)

Tamura H, Suzue T, Jitsunari F, Hirao T. Evaluation of carotid arterial intima-media thickness (IMT) and its relation to clinical parameters in Japanese children. Acta Med Okayama [Internet]. 2011 [citado 16 May 2011];65(1):[aprox. 5 p.]. Disponible en: http://hinari-gw.who.int/whalecomwww.lib.okayama-u.ac.jp/whalecom0/www/acta/pdf/65_1_21.pdf

Vadheim LM, Brewer KA, Kassner DR, Vanderwood KK, Hall TO, Butcher MK, et al. Effectiveness of a lifestyle intervention program among persons at high risk for cardiovascular disease and diabetes in a rural community. J Rural Health [Internet]. 2010 [citado 17 May 2011];26(3):[aprox. 7 p.]. Disponible en: http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?_ob=ArticleURL&_udi=B6WHP-512DD1P-B&_user=2778716&_coverDate=01%2F31%2F2011&_rdoc=1&_fmt=high&_orig=gateway&_origin=gateway&_sort=d&_docanchor=&view=c&_acct=C000049744&_version=1&_urlVersion=0&_userid=2778716&_md5=a84c1b955e1a21c9139351ece73bf567&searchtype=a

gw.who.int/whalecomonlinelibrary.wiley.com/whalecom0/doi/10.1111/j.1748-0361.2010.00288.x/abstract?systemMessage=Wiley+Online+Library+will+be+disrupted+21+May+from+10-12+BST+for+monthly+maintenance

Yau WY, Hankey GJ. Which dietary and lifestyle behaviours may be important in the aetiology (and prevention) of stroke? J Clin Neurosci [Internet]. 2011[citado 18 May 2011];18(1):[aprox. 5 p.]. Disponible en: http://hinari-gw.who.int/whalecomwww.sciencedirect.com/whalecom0/science?_ob=ArticleURL&_udi=B6WHP-512DD1P-B&_user=2778716&_coverDate=01%2F31%2F2011&_rdoc=1&_fmt=high&_orig=gateway&_origin=gateway&_sort=d&_docanchor=&view=c&_acct=C000049744&_version=1&_urlVersion=0&_userid=2778716&_md5=a84c1b955e1a21c9139351ece73bf567&searchtype=a

Descriptores de los tesauros DeCS y MeSH utilizados en la recuperación de información en las Bases de datos: Pubmed/Medline a través de HINARI, CUMED, DynaMed y Scielo.

DeCS

MeSH

ESTILO DE VIDA

LIFE STYLE

ENFERMEDADES CARDIOVASCULARES

CARDIOVASCULAR DISEASES

Más información:

- Clinical Trials.gov [Internet]. Bethesda, MD: U.S. National Institutes of Health [actualizado 22 May 2011; citado 23 May 2011] Additional Effect of A Life Style Program on Antihypertensive Treatment With Telmisartan [aprox. 7 pantallas]. Disponible en: <http://clinicaltrials.gov/ct2/show/NCT01108796>

- DynaMed [Internet]. Ipswich (MA): EBSCO Publishing. 1995 - Record No. 116877, Cardiovascular disease prevention overview; [actualizado 22 Mar 2011; citado 23 May 2011]; [aprox. 25 pantallas]. Disponible en: <http://search.ebscohost.com/login.aspx?direct=true&site=dynamed&id=AN+116873>
- García González G. Modos y estilos de vida. En: García González G. Enfermería Familiar y Social. La Habana: Ecimed; 2004 [citado 18 May 2011]. Disponible en: <http://gsdl.bvs.sld.cu/cgi-bin/library?e=d-00000-00---off-0enfermeria--00-0--0-10-0---0---0prompt-10---4-----sti--0-11--11-es-50---20-about-nacido--00-0-1-00-2-0-11-1-0utfZz-8-00&a=d&c=enfermeria&cl=CL1&d=HASH01923bb23a34823cfa9713a9.23>
- Méndez Gálvez L, Rodríguez Hernández M, Perdomo Morente L, Calcines Castillo M E. Influencia de estilos de vida inadecuados en una población hipertensa sobre la calidad de vida [CD-ROM]. Santa Clara: s.n; 2004.
- Organización Mundial de la Salud [Internet]. Ginebra: Temas de Salud; c 2011; [citado 19 May 2011]. Enfermedades cardiovasculares; [aprox.3 pantallas]. Disponible en: http://www.who.int/topics/cardiovascular_diseases/es/

